



USA WRESTLING
6155 Lehman Drive
Colorado Springs, CO 80918
www.TheMat.com
Phone: 719.598.8181
Fax: 719.598.9440

June 27, 2019

Dear Veteran Wrestler,

Attached is the information for the Veterans' Greco-Roman and Freestyle World Championships in Tbilisi, Georgia. I would like to have a list of those planning to attend so that I can forward this information to UWW's Athena System no later than **July 26th**. Therefore, I need your applications and the four items (see page 2) needed for a UWW License returned to me by **July 25th**. Complete travel information is due **August 26th**.

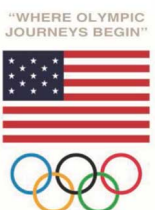
Again, the Veterans' Greco-Roman and Freestyle World Championships are in Tbilisi, Georgia. The Greco-Roman portion will be held in October 7th—10^h while the Freestyle portion will be held October 10th—13th.

This year's Team Leader is Chris Brown. We will pre-enter your information so that you will be picked up and met by the local organizing committee as you arrive. This applies only to those that arrive on the specified dates given for each event (see attached event schedules in "Program"). Early or late arrivals and departures must make their own arrangements. In all cases, you will need to make your own flight arrangements and include that information on the form you send back to me or in your email.

Please include the same information for any family members or friends who plan to attend with you, so that we can make the host aware of those individual's arrival as well. If you are going to include them as a delegate, please supply their information along with your own.

There is no visa requirement for Georgia as long as your stay is less than 365 days. For more information, please visit the following website:

- <https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Georgia.html>





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For UWW Licenses, each one must be purchased prior to attending either event. To purchase a UWW License, you will need to submit the following four items:

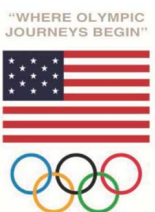
1. A digital scan of your passport (please do not take photo of your passport). Please submit this as an attachment in an email. Do NOT embed the image within an email message.
2. A high resolution (300 dpi) headshot photo that is about 2 inches by 2 inches, white background, no glasses and no facial expressions. Once again, send this as an attachment, not an embedment.
3. Credit card information (complete name, number, expiration date, VIN). Only VISA or MasterCard will be accepted by UWW's license system (Athena). Cost is 100 CHF (about \$102).
4. 2019 Annual Medical Certificate and Wrestler's Declaration (see page 6) from your doctor. Please note, this is not the same medical certificate (Article 5.1 of UWW Regulations – starts on page 17) that you will need to attain prior to leaving for the competition.

There is no official team uniform, but if you need equipment for the 2019 Veterans World Championships, items can be purchased through our national supplier, Athlete Performance Solutions (<https://www.athleteps.com/usa-wrestling/>).

Below are answers to some common questions which have been asked in recent years:

- 1) Which age-group is being used for these events? UWW age-groups only. This information is covered in the attached Veterans' World Championship regulations provided by UWW. Age is based on the year you were born; not how old you will be during the event.
- 2) What is the cost of these events?
 - The cost per athlete is 140 Swiss Francs (about \$143) per day. For delegates, the cost is 180 Swiss Francs (about \$164) per day.

For conversion rates, please visit the following website: <http://www.sciencemadesimple.net/currency.html>.





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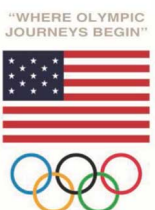
These fees will be due upon your arrival at the reception location (Tbilisi International Airport). **Please be aware that these fees are MANDATORY. You cannot participate without paying these fees, and you cannot arrange for your own room and board. Also, there are a minimum number of days you must pay for during these events. Typically, the minimum number of days is four. These fees are enforced by UWW and USA Wrestling cannot arrange to have them waived.**

Other items of cost you need to be aware are passport fees, airline tickets and UWW Licenses. Each athlete is responsible for arranging and purchasing their own passport airline tickets and UWW Licenses. The cost for a UWW License is approximately \$102 and must be purchased through each participant's Federation (USA Wrestling) using the UWW's Athena System.

- 3) Do I have to be an American citizenship to compete for the United States? Yes, and there is no exception to this rule provided by UWW:

A wrestler may participate in a competition only under the nationality appearing on his passport. If, at any time, it is determined by UWW that the statement was false and that fraud occurred, the disciplinary measures provided for to this end will be immediately applied against the Federation, the wrestler and the person whose signature appears on the fraudulent certificate.

- 4) Do I need a medical prior to competing? Yes, UWW requires every participant to have a signed medical certificate stating you are cleared to participate. The form that you will need completed by your doctor(s) is in the attached UWW regulations (see Article 5.1 – starts on page 16). Please have this exam(s) scheduled and completed within a week before competition starts as per Article 5.1 UWW regulations (again, see attached document). Again, the 2019 Annual Medical Certificate and Wrestler's Declaration (page 6) to purchase a UWW License is a different and separate medical form.





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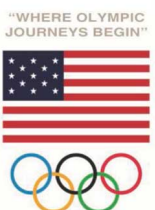
Another item of importance I would like to add is in case of an injury, please accept the care provide by the tournament medical staff and make sure to keep any paperwork they provide. You will need the paperwork as proof of an injury during the tournament and is needed for filing a claim to UWW’s athlete insurance and our athlete insurance. The UWW license you purchase will provide secondary insurance in case of an injury.

5) How do I qualify for this event? The only qualifications you need are to be a U.S. citizen, be born within the Veteran Age-Groups (1959—1984) and be physically and mentally capable of participating in the sport of wrestling. Unlike the Cadet, Junior and Senior World Championships, this is an open event that has neither prequalifying tournaments nor does it have anyone being “selected” to represent the United States.

I hope this information helps, and once again, if you are participating please let me know as soon as possible.

Train hard and reach for the Gold.

Christopher Moen
USA Wrestling





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VETERANS WORLD CHAMPIONSHIPS

(Application to be sent to USA Wrestling for Veterans Worlds by **July 25th**)

First Name: _____ Middle Initial: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ E-mail: _____

In case of emergency contact: Name: _____

Phone number: _____

Check all that applies: Freestyle: _____ Greco-Roman: _____

Weight Class: _____ Age Division: _____

Passport Number: _____ Country of Origin: _____

Passport Expiration Date: _____

Flight Arrangements for Veterans World Championships (**Due August 26th**):

Airline: _____ Arrival Date: _____ Time: _____ Flight Number: _____

Airline: _____ Departure Date: _____ Time: _____ Flight Number: _____

Number of people traveling with you: _____

Name of individual(s) traveling with you: 1) _____

2) _____

3) _____

"WHERE OLYMPIC
JOURNEYS BEGIN"





Issued for (Wrestler):

VALID FOR: 2019

First name		Last name	
Wrestling Style		Weight class	
Nationality		Date of birth	
National Federation			

I. Medical certificate

I, the undersigned, Doctor,

Name (first name, last name)	
Medical speciality	
Address	
Email	

certify that I have examined the Wrestler designated here above on.....(DD/MM/YYYY).

I certify that this Wrestler has no medical contraindication to compete in the sport of Wrestling in any of the UWW sanctioned events on the Official Calendar as from the date of examination mentioned above. I certify that the information provided in this certificate is accurate. This certificate is done on request by the above-mentioned wrestler for the appropriate legal purposes.

Date, place, doctor's signature and stamp:

II. Wrestler's declaration

Pursuant to the Regulations for the Issuance of the UWW Licence (article 3) and as a holder of a UWW License, I, the undersigned, undertake to:

- a) Provide accurate personal information for the initial application and/or for each renewal of the Licence;
- b) Comply with the obligations that result from the UWW Constitution, rules and regulations as well as all UWW past and forthcoming decisions and guidelines;
- c) Only compete in Olympic and/or associated Wrestling styles events, and which are recognised or authorized by UWW or by any of its affiliated or associated members;
- d) Compete with respect for my opponent and the Refereeing body, and adhere to the principles of Fairplay;
- e) Observe and comply with the UWW Anti-doping Regulations implementing the World Anti-Doping Code;
- f) In case of dispute in connection with the application of UWW's Constitution, rules and regulations, as well as with UWW decisions and guidelines, and any dispute with UWW, its affiliated or associated members or with clubs, in connection with the participation in the sport of Wrestling, accept that, after exhaustion of any procedure set forth in the applicable UWW Regulations, the exclusive competence of the Court of Arbitration for Sport in Lausanne, Switzerland, excluding all recourse to ordinary courts, including in respect of provisional measures.

By signing this declaration, I also understand and accept that, for the purpose of the fight against doping in Sports, I may be subject to anti-doping controls by United World Wrestling at any place and any time, in accordance with the UWW Anti-doping Regulations, the World Anti-doping Code and WADA's International Standards. I understand that the information that I provide is used exclusively for that purpose, in accordance with WADA's International Standards for the Protection of Privacy and Personal Information.

I also understand that the UWW Licence includes an insurance for accidents/illnesses occurring abroad that covers only the costs of injury treatment in the country where the competition and injury took place (as well as the costs for possible repatriation of the Wrestler in his/her country of residence) and that it is the responsibility of the Wrestler or his/her National Federation to take out an insurance policy for the covering of the costs for supplementary treatment in his/her country of residence. Additional information is available on the website of UWW (www.unitedworldwrestling.org).

Date (DD/MM/YYYY):

Wrestler's signature*:

* or Parent's/Guardian's signature (if the Wrestler is a Minor or has an impairment preventing him/her signing this form)

**VETERAN WORLD CHAMPIONSHIPS (GR/FS)
CHAMPIONNATS DU MONDE VETERAN (GR/LL)**

TBILISI (GEO), 08-13.10.2019

SPECIFIC INFORMATION / INFORMATIONS SPECIFIQUES	
Details of the organising Federation Coordonnées de la Fédération organisatrice	Georgian Wrestling Federation 49 A.I. Chavchavadze Avenue GE - 0162 Tbilisi Tel: +995 32 2 293895, +995 599 20 56 53 Email: GEO@unitedworldwrestling.org
Details of competition venue Coordonnées salle de compétition	Tbilisi Sports Palace 1 Twentysix May Square, Tbilisi
Age group Groupe d'âge	Veteran according to the United World Wrestling Rules Veterans selon les Règles de Lutte de United World Wrestling
Weight categories Catégories de poids	GR (55-62) -70-78-88-100-(100-130) kg FS / LL (55-62) -70-78-88-100-(100-130) kg
Number of mats and trademark Nombre de tapis et marque	3 United World Wrestling approved mats 3 tapis homologués par United World Wrestling
Deadline for the final entries Délai inscriptions nominatives	08 September 2019 08 septembre 2019
Referee's category Catégories d'arbitres	Category IS, I, II and III Catégorie IS, I, II and III
Referee's course type Type de stage pour arbitres	Level I and II
Reception of the teams Accueil des équipes	Tbilisi International Airport Aéroport international Shota-Rustaveli de Tbilissi
Details of hotel for the teams Coordonnées hôtel pour les équipes	Hotels and Preference Hualing Tbilisi Tbilisi Sea New City Tel: +995 322 50 50 25 Email: info@hotelspreference.ge Website: www.hotelspreference.com Dormitory Hotel Vazisubani 111 dist. 11 blok Jumbor Lejava No. 22 Tel. +995 2781359 Website: www.dormitory.ge Golden Palace 5th km of Agmashenebeli alley, Tbilisi Tel: +995 0322531100 Email: info@golden-palace.ge Website: www.Goldenpalacetbilisi.com
Details of hotel for the referees and the UWW Staff Coordonnées hôtel pour les arbitres et le Staff UWW	Hotels and Preference Hualing Tbilisi Tbilisi Sea New City Tel: +995 322 50 50 25 Email: info@hotelspreference.ge Website: www.hotelspreference.com
Details of hotel for the UWW Bureau Coordonnées hôtel pour le Bureau UWW	Marriott Tbilisi 13, Rustaveli Avenue 0108, Tbilisi Tel: +995 322779200 Fax: +995 322779210 Email: Tbilisi.Marriott@MarriottHotels.com Website: www.TbilisiMarriott.com
Accommodation fee per day and per person Taxe de séjour par jour et par personne	CHF 140.-
Fee per day for extra person Taxe par jour pour personne supplémentaire	CHF 180.-
Details of the accreditation place Coordonnées lieu accréditation	Hotels and Preference Hualing Tbilisi Tbilisi Sea New City Tel: +995 322 50 50 25 Email: info@hotelspreference.ge Website: www.hotelspreference.com
Organizer's bank details Coordonnées bancaires de l'organisateur	To be requested to the organizer A demander à l'organisateur

**VETERAN WORLD CHAMPIONSHIPS (GR/FS)
CHAMPIONNATS DU MONDE VETERAN (GR/LL)**

TBILISI (GEO), 08-13.10.2019

PROGRAM / PROGRAMME		
Saturday / Samedi 05.10.2019		Arrival of the referees Arrivée des arbitres
Sunday / Dimanche 06.10.2019	09.00-18.00	Referees' course – Level 1 Stage pour arbitres – niveau 1
		Arrival of the delegations Arrivée des délégations
Monday / Lundi 07.10.2019	09.00-17.00	Referees' course – Level 1 Stage pour arbitres – niveau 1
	15.00-15.30	Technical conference – all teams Conférence technique – toutes les équipes
	15.30	Draw GR - Division B and E Tirage au sort GR - Division B et E
	17.00-18.00	Referees' consultation Consultation des arbitres
Tuesday / Mardi 08.10.2019	08.30-09.00	Medical examination and Weigh-in GR - Division B and E Examen médical et pesée GR - Division B et E
	10.30-15.30	Qualification rounds and repechage GR - Division B and E Tours éliminatoires et repêchages GR - Division B et E
	15.45	Draw GR - Division C and D Tirage au sort GR - Division C et D
	17.30-18.00	Opening ceremony Cérémonie d'ouverture
	18.00-21.00	Finals GR - Division B and E Finales GR - Division B et E Award ceremonies / Cérémonies protocolaires
Wednesday / Mercredi 09.10.2019	08.30-09.00	Medical examination and Weigh-in GR - Division C and D Examen médical et pesée GR - Division C et D
	10.30-15.30	Qualification rounds and repechage GR - Division C and D Tours éliminatoires et repêchages GR - Division C et D
	15.45	Draw GR - Division A Tirage au sort GR - Division A
	18.00-21.00	Finals Division GR - C and D Finales Division GR - C et D Award ceremonies / Cérémonies protocolaires
Thursday / Jeudi 10.10.2019	08.30-09.00	Medical examination and Weigh-in GR - Division A Examen médical et pesée GR - Division A
	10.30-14.30	Qualification rounds and repechage GR - Division A Tours éliminatoires et repêchages GR - Division A
	14.45	Draw FS - Division B and E Tirage au sort Division LL - B et E
	18.00-20.00	Finales GR - Division A Finales matches GR - Division A Award ceremonies / Cérémonies protocolaires
Friday / Vendredi 11.10.2019	08.30-09.00	Medical examination and Weigh-in FS - Division B and E Examen médical et pesée LL - Division B et E
	10.30-15.30	Qualification rounds and repechage FS - Division B and E Tours éliminatoires et repêchages LL - Division B et E
	15.45	Draw FS - Division C and D Tirage au sort LL - Division C et D
	18.00-21.00	Finals FS - Division B and E Finales LL - Division B et E Award ceremonies / Cérémonies protocolaires
Saturday / Samedi 12.10.2019	08.30-09.00	Medical examination and Weigh-in FS - Division C and D Examen médical et pesée LL - Division C et D
	10.30-15.30	Qualification rounds and repechage FS - Division C and D Tours éliminatoires et repêchages LL - Division C et D
	15.45	Draw FS - Division A Tirage au sort LL - Division A

	18.00-21.00	Finals FS - Division C and D Finales LL - Division C et D Award ceremonies / Cérémonies protocolaires
Sunday / Dimanche 13.10.2019	08.30-09.00	Medical examination and Weigh-in FS - Division A Examen médical et pesée LL - Division A
	10.30-14.30	Qualification rounds and repechage FS - Division A Tours éliminatoires et repêchages LL - Division A
	18.00-20.00	Finales FS - Division A Finals matches LL - Division A Award ceremonies / Cérémonies protocolaires
	20.30	Official Banquet Banquet final
Monday / Lundi 14.10.2019		Departure of delegation Départ des Délégations



UNITED WORLD
WRESTLING

GENERAL REGULATIONS FOR THE VETERAN
WORLD CHAMPIONSHIP





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Objectives of the Championship

The Freestyle, Women's wrestling or Greco-Roman Veterans World Championship is organised every years in an internationally famous city to all athletes after 35 years old who have stopped the competition. The reason that we made a Veteran World Championship is to interest a new athletes' category to the wrestling. United World Wrestling can exploit the advantage of this new category. It is a new promotional means for wrestling worldwide.

Let see the sixth principal advantages for this competition

1. This category of athletes can participate in an international competition for the sport that they have contributed during all their life.
2. Former Champions can attend the tournament like a guest. This position will maybe give him the motivation to participate another time to a competition.
3. This tournament can find a good place in the business world and in the international market thanks to this category of wrestlers (every wrestlers work and have a place in the society).
4. This tournament is a promotional tool for United World Wrestling to bring closer together the wrestling family.
5. With this style of tournament we can see a cooperation system between the participating countries beyond the wrestlers' parents and the organising committee.
6. If a young wrestler knows that our sport can be practice a long time, they will maybe choose wrestling. The Veteran world championship can bring to these athletes a good physical condition.

The Veteran World Championship can raise interest to older wrestlers, can give the occasion to United World Wrestling to make promotion and education or meet a need to the young athletes. Be that as it may, this Championship will maintain the good relationship with the chief of international business.

Article 1 - Participation

- 1.1 Participation in the Veterans World Championship is open to all national wrestling federations affiliated to United World Wrestling, provided that they have fulfilled their financial obligations toward United World Wrestling according to the United World Wrestling Statutes and Regulations and towards the organising committee as per these Regulations for the duration of the Championship.
- 1.2 Each national federation shall be entitled to enter as many wrestlers as it wishes.
- 1.3 All participating countries are required and requested to bring referees according to the normal organization procedures of Championships (maximum one per mat).
- 1.4 In the framework of the Championship a type "I" referees' course will be held.



Article 2 - Technical conditions

- 2.1 The competition will be held according to the United World Wrestling rules.
- 2.2 The competition will be conducted in Freestyle and/or in Greco-Roman Wrestling.
- 2.3 United World Wrestling approved mats will be used for the competitions.
- 2.4 The competition will be held in the following age categories :
N.B: For all age categories, the weight classes will be identical.

Division " A " 35 - 40 years
Division " B " 41 - 45 years
Division " C " 46 - 50 years
Division " D " 51 - 55 years
Division " E " 56 - 60 years

The weight categories are as follows:

1. 55 - 62 kg
2. 70 kg
3. 78 kg
4. 88 kg
5. 100 kg
6. 100 - 130 kg

Article 3 - Duration of bouts

- 3.1 The duration of the bouts is fixed as follows for all age categories:
 - Two periods of 2 minutes with a 30-second break.

For all the competitions, the timing displayed on the scoreboards will start from 4 to 0 minute.

The winner is declared by the addition of the points in both periods.

- 3.2 All United World Wrestling technical and administrative rules should be applied for veteran wrestling.

Article 4 - Medals and trophies

- 4.1 Medals (gold, silver and 2 bronze) will be presented to the first, second, and two third wrestlers in each weight category.

Participation diplomas will be presented to all wrestlers.

Article 5 - Medical

- 5.1 Each wrestler has to pass a medical examination in his own country one week before leaving his country for the competition. This UWW Medical Certificate (see appendix) will have to be filled in and signed by a certified doctor. This certificate must be shown at weigh-in to the assigned UWW Doctor.



UNITED WORLD WRESTLING

- 5.2 Each wrestler is participating under his/her own responsibility, United World Wrestling cannot be called up in responsibility for any risk or services not covered by the insurance.
- 5.3 Each wrestler will undergo a medical examination with the weigh-in.

Article 6 - Weigh-In

- 6.1.1 Only one weigh-in during the competition even if it is organized in two days or more.

Article 7 - Competitors licence-age verification

- 7.1 Any Veteran Wrestler who competes in the Veteran World Championship must hold an international United World Wrestling licence valid for the current year.
- 7.2 This annual licence includes the United World Wrestling insurance coverage. The organiser and United World Wrestling are not responsible for any medical costs with the exception of first aid during the competition (at organiser's expenses).
- 7.3 The team leader and / or the individual athlete will submit all final entries with the age, weight and name of each participant from his country to the Secretariat at 12.00 the day before the competition.
- 7.4 Each individual participant must submit his passport both at accreditation and to the Secretariat at the weigh-in for proof of age, name and country.

Article 8 - Entries

- 8.1 Entries on the official entry forms are to be send as follows to the Organising Committee:
- | | |
|-----------------------------|---|
| A: Preliminary Entry | by the National Federation - at the latest two months prior to the beginning of championship. |
| B: Entry by Name and Weight | by National Federation - at the latest one month prior to the beginning of championship. |
| C: Final Entry | by team leader six (6) hours before the weigh-in. |

Article 9 - Transportation

- 9.1 All teams, delegations or individuals are expected to arrive and depart from the organising city. The organising committee will ensure the transport to the Championship area, provided that it has been informed about the participants' date and arrival time.
- 9.2 Free transportation will be available from accommodation sites and from hotels to the competition venue



Article 10 - Board and lodging

- 10.1 The accommodation fee per day for participant and accompanying person (lodging in double rooms, boarding) is set by United World Wrestling. Accommodation will be in hotel room with a maximum of two beds.
- 10.2 The number of staying days for the Veterans World Championships is fixed for a minimum of 3 days.

Article 11 - Methods of arrival

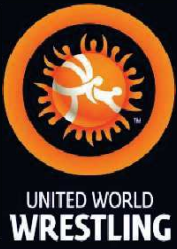
- 11.1 Heads of delegations and individual participants will pay their financial costs to the Organising Committee upon arrival, before accreditation.
- 11.2 For citizens of certain countries it is mandatory to obtain entry visa to organising country. Each participant is responsible for contacting the embassy in his home country to obtain the Visa.

Article 12 - Correspondence

- 12.1 The entries regarding the Veteran World Championship must be addressed to United World Wrestling with a copy to the organising committee. All the other correspondence must be send directly to the organising committee.

Appendix

Medical Certificate



VETERAN MEDICAL CERTIFICATE

Article 5.1 of the General Regulations for the World Championships Veteran provides:

“Each wrestler shall pass a medical examination in his own country, one week before the competition start date. A UWW Veteran Medical Certificate should be filled and signed by a certified doctor. This form must be delivered to UWW doctor of the competition at the pre-weighing medical examination”.

UWW EVENT

Competitions:

Place / Date:

WRESTLER

Surname: First Name:

Date of Birth (Day/Month/Year): / / Sex: Male Female

Nationality:

Address:

.....

E-mail: Phone Number:

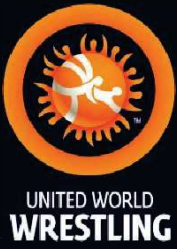
MEDICAL ASSESSMENT SUMMARIES

1. General Examination:

A- Medical History:

Normal Abnormal - Please specify:

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.....
.....
.....
.....



VETERAN MEDICAL CERTIFICATE

B- Routine Lab Tests:

Hemoglobin, Hematocrit, Erythrocytes, Thrombocytes, Leukocytes, C-reactive Protein, Glucose, Creatinine, Uric Acid, Triglycerides, Cholesterol (total, LDL, HDL), Creatine phosphokinase, Sodium, Potassium, Calcium, Phosphor, Urine Analysis

Normal Abnormal - Please specify:

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.....
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.....

C- Skin Inspection:

Normal Abnormal - Please specify:

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D- General Health:

Normal Eligible to wrestle with considerations Non-eligible to compete

Please specify:

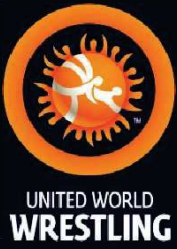
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Examining Doctor:

Surname & Name: Date:

Address:

Signature:



VETERAN MEDICAL CERTIFICATE

2. Cardiovascular Examination

Physical examination, Chest x-ray, Heart rate & rhythm, Blood pressure, Electrocardiography, Echocardiography

- Normal
- Eligible to wrestle with considerations
- Non-eligible to compete

Please specify:

.....

.....

.....

.....

Examining Doctor:

Surname & Name: Date:

Address:

Signature:

3. Orthopedic Examination

Spine (cervical, thoracic, lumbar), Shoulder, Arm, Elbow, Forearm, Wrist, Hand, Fingers, Hip, Thigh, Knee, Lower leg, Ankle & Foot

- Normal
- Eligible to wrestle with considerations
- Non-eligible to compete

Please specify:

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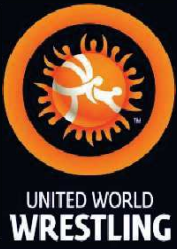
.....

Examining Doctor:

Surname & Name: Date:

Address:

Signature:



VETERAN MEDICAL CERTIFICATE

Medical Certification

I certify that this wrestler:

- Has no apparent contraindication to practice wrestling at competitive level.
- Is not recommended to practice wrestling at competitive level.

- Normal
- Eligible to wrestle with considerations
- Non-eligible to compete - Please specify:

.....

.....

.....

.....

.....

Certifying Doctor:

Surname & Name: Date:

Medical Registration Number:

Address:

Phone Number: Fax Number:

E-mail:

Signature & Stamp:

UWW Doctor Approval

- Medical Certificate Approved.
- Medical Certificate is not approved.

Surname & Name: Date:

Signature:



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